

Subject: Looking for a Mentor? Participate in this virtual mentoring program research study.

Hello,

I am a master's student in the Mental Health Counseling program at the University of Indianapolis. For my thesis, I am seeking counseling graduate students and license-holding counseling professionals in the state of Indiana to participate in a virtual mentoring program. The results of this study will help determine the necessary components of mentoring relationships for professional identity development. The results will also be used to advocate for more mentorship in the counseling profession through organizations such as the Indiana Counseling Association. Participation will last five-months and involve being paired with a mentor/mentee and meeting for one hour monthly. Mentees will complete an assessment at the beginning and end of their involvement in the program to measure changes in their professional identity development.

The Indiana Counseling Association has collaborated with UIndy members Emma Eckart, Ph.D., Daniel Ryan Charles, and Isabella Betancourt to develop and implement the study. Enrollment for the mentoring program is presently live. If you are interested in being mentored (graduate student) or participating as a mentor (licensed counseling professional), please open the link below for the registration survey and additional information.

[ICA Mentorship Program Registration](#)

If you have any questions about the present study, you may contact the following individuals:

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Thank you,

Daniel Ryan Charles
Emma Eckart, Ph.D.